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The more rigidly set a person is in his conditioning, the less he has the possibility of understanding himself fully since that understanding is a growing and not a being set. That is, to be set limits the immediate possibility of a given nature's availing itself of the full range of potentialities it has which are to be conditioned and not to become set in turn. <sup>Q</sup> Conditioning is a directing but <sup>not</sup> a cementing, a walling in. Proper conditioning is not an immurring, a walling in, a hardening, but an awakening, a stimulating, and a preparation for the mind's using itself with a greater self-viewing, a greater self-cognition, with less finiteness, one-sidedness of attitude.

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To experience God is to know God, is to believe  
in God, is to worship God, is to grow up in God.  
To know, to believe, to worship, to grow up  
in spirit is to elucidate the self, the mind  
which has itself, which is itself, which  
knows itself not as note but as universe and,  
as universe, does not despise the note.  
selfless appreciation of nature is pure joy,  
as a selfless appreciation of God is pure ecstasy.

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